



## HCRC 'Flyers' Junior Cycling

Welcome to the second edition of The Flyer where we'll update you with what's been going on and what's planned for the near future.

### Training Sessions

Training sessions are continuing at Brodick Park for the immediate future, it's a good facility and we are able to make use of the natural contours of the ground. We are also grateful to Hinckley DC for marking out a grass track for us there. We will shortly be meeting with John Cleveland College (JCC) in Hinckley to discuss putting on a Go-Racing event there in mid-April 2011 and some more exciting initiatives may come from this discussion.

We recently had a coaches meeting where we were joined by Nick Yarworth (British Cycling Development Manager for West Midlands) and the whole future of the junior club was discussed. We now want to build on the successes we've had so far and try and increase the numbers we have attending sessions, so look out for some posters appearing around the town and some reports in the press. If you can put a poster up near you let one of the coaches know and they'll supply one.

### Racing



The first racing experience at the Welland Valley Whizz Kids Go-Racing event on Sunday 22 August at Misterton Park proved a huge success and we will be targeting the next race on Sunday 27 November probably at the same venue. Look out on the junior section of the club website for more details as they become available. This race will incorporate a parent's race so why not dust off the old bike and have a go.

### Membership

One of the things we discussed at the coaches meeting was club membership and it has been decided that from 1 January we will encourage all our attendees to join Hinckley CRC. Membership for Under 12's is Free and for 12-15 years is a bargain £5. Anyone who joins now will have membership for whole of 2011.

One of the membership benefits is a free Bronze membership of British Cycling which brings good rewards in itself.

Parents can join the senior section of the club to, riding membership costs £15 per year and non-riding (Associate) is a mere £3. Family memberships are also available. Membership forms can be downloaded from the club website or see any of the coaches at training sessions

## Coaching Sessions

Since the start of our junior project sessions have been free thanks to a grant from Sport England however as from 1 January we will be introducing session fees which will be £1 for club members and £2 for non-members. We may also be introducing weekly sessions in the New Year, look out for details.

## Flyers Kit

We have now negotiated with our senior club kit supplier Kalos to supply special Flyers cycling tops for use by our members at training sessions and races. The design is based on the senior design but with our own 'Flyers' text. Look on the junior section of the website for a graphic of the kit.

We will be offering these tops to club members at a special price of £15 which includes the facility to swap the top for a larger size when required at no further cost. A great deal at £15 for cycling top supply right through to senior level!

Anyone on this scheme who leaves the club would be expected to return the top.

Alternatively if you want to buy your top outright you can do so for £30.

## Website & Facebook



We have our own dedicated section of the club website which includes a club forum. Check out the website at [www.hinckleycrc.org](http://www.hinckleycrc.org) The website is used to update members on a regular basis, please use it to tell us what you think of the junior section.

We also have a Facebook Group, just look up Hinckley Flyers and ask to join the group; one of the coaches will approve your request.

## Bikes



We have had many enquiries about suitable bikes for children and whilst there are many bikes out there available for juniors we firmly believe that Islabikes represent very good value for money. They have a bike in their range for every need and operate a part exchange scheme when you are ready to upgrade.

They also give a guarantee on the bikes which is pretty rare. See me for further details or take a look on their website at [www.islabikes.co.uk](http://www.islabikes.co.uk)

## Upcoming sessions

Saturday 9 October: Brodick Park 2-3 pm

Saturday 23 October: Brodick Park 2-3 pm

Saturday 6 November: Brodick Park 2-3 pm

Saturday 20 November: Brodick Park 2-3 pm

Sunday 27 November – Go Racing Event at Misterton: Details to follow

## Future Plans

We'd like to hear from you about how you see the junior club developing. What you would like to see happening. Could you help in making it happen? We are always on the lookout for volunteers and ideas to ensure we move in the right direction. This is the first time HCRC has concentrated on junior development and we want it to succeed.

## West Midlands Cyclo-Cross League

Whilst the Go-Racing events will provide competitive opportunities juniors can also race in the Cult Racing West Midlands Cyclo-Cross League which starts in September and runs through to January 2011 at various different venues in the West Midlands. Junior races are for U10's @ 10.15 am, U12's @ 10.35am and Youths (15-16 year olds date as on 1 Jan 2011) @ 11.15 am. Details of all venues etc can be found on the League website at

<http://www.wmccl.co.uk/index.asp>

There is also a Boxing Day cross meet organised by Coventry RC on Kenilworth Common with categories for U8, U12 (free entry!) as well as older children and seniors. What better way to work off the turkey and mince pies!

## Friends

Please share this newsletter with your friends and better still bring them along to a session. They will be made very welcome and the more children we have the more fun we can make it.

## Finally

If you have any comments, suggestions or questions about HCRC 'Flyers' don't hesitate to get in touch.



Newsletter Editor: John Gabriel

Tel: 02476 381092

Club Junior Co-Ordinator: Elspeth Brimley

Club Coaches: Elspeth Brimley, Eleanor Mather, Clair Parfrey, Kelvin Southan, Joules Reed, John Gabriel

Helpers: Roger Towe, Chris Gabriel

Club Welfare Officer: TBA

Email: [juniors@hinckleycrc.org](mailto:juniors@hinckleycrc.org)